

## **TOMATOES TO KETCHUP GRADES Pre K to K POST-VISIT ACTIVITIES**

### **Wrap-up/Action:**

1. Show the children a picture of the new food Pyramid and where tomatoes belong on the chart. Have them draw pictures of the different foods that belong in each of the sections of the pyramid.
2. Have children draw as many different tomato foods as they can think of.
3. Have students make up a recipe that includes tomatoes.

### **Extensions:**

For 3 days after visiting Little Hands on the Farm and engaging in the tomato/pizza activity, have students make a New Pyramid food chart on large butcher paper and track their daily food choices by drawing what they eat in picture squares on their chart. At the end of the assigned time, have students determine if their daily choices included all of the good groups from the New Pyramid.